Inside



■ Movies this week: 'Mirrors' (above), 'The Longshots'

Education

Officer Training School (OTS) applicants notice — Individuals applying for the February '09 non-rated board need to contact Ali Scanlon with the Force Development Flight at 449-6363, ext. 228, by Oct. 17 to set up an appointment for your initial package review. OTS details can be found at http://afrecruiting.com/RSOC/.

Commissioning briefing notice — There will be a commissioning briefing today at 1 p.m. Hangar 2, Room 126. This is the starting point for active-duty enlisted Air Force members interested in becoming a commissioned Air Force officer. For more information or to sign up, call the Force Development Flight 449-6363. Plan approximately 1.5 hours for the briefing.

Today is the last day you can register for classes at Chaminade University, Embry-Riddle Aeronautical Univer-

College registration —

sity, Honolulu Community College, Hawaii Pacific University, and Wayland Baptist University on Hickam before classes Monday. For more information, visit a college representative in Hangar 2 or call the Force Develop-

ment Flight at 449-6363.

Troops to Teachers presentation — A local representative will be available in Hangar 2, Room 102 on Tuesday, Oct 14, at 11:30 a.m. No appointment is necessary, but plan approximately 1.5 hours for the presentation. For more information, call the Force Development Flight at 449-6363.

News Notes

PAIS volleyball tournament fund-raiser – In order to raise funds for a Combat Dining In event, running all day on Friday, Oct. 17, on the volleyball courts between the Hickam PME Center and Airmen's Dormitory. \$50 donation per team. For more information, call Senior Airman Curan Clonch at 448-6069.

Air Force Gallery showcase — The Arts & Craft Center is accepting entries for the Air Force Gallery Showcase through today with a presentation scheduled for Oct.11. For more information, log on to www.Hickamservices.com or call David Richert at 448-9907, ext. 102.





Hickam teens volunteer at Airman's Attic

By Tom Czerwinski Hickam Kukini staff writer

Twelve members of the Hickam Teen Center's "Keystone" leadership group made a big difference last month by volunteering their time at the Airmen's Attic.

"The Keystone group came here to square away the Airmen's Attic by sorting, cleaning and organizing," said April Taupo, Teen Center assistant coordinator. "This is something we usually do for the Airmen's Attic twice a year."

Ms. Taupo added that the 13- to 19-year-old volunteers were on a mission to log in some hours for community service.

"The time they spend toiling over the mountains of donated clothes and household items earns them credit toward an annual presidential volunteer award," she said.

Beyond that, one volunteer described the experience as a win-win.

"I go to the Teen Center because it's a good way for me to develop new work skills and experience new things," said Samantha Bernard, 17. "Helping out at the Airman's Attic is a good job and it feels good to do something that is helping out others."

Ms. Taupo noted that the teens contributed to the

Attic's efforts by sorting hundreds of donations in the outside drop-off sheds, marking clothes and other household items for shelf life, and performing custodial duties like dusting, sweeping and taking out the trash.

The teens in the Keystone group are not the only ones helping to keep this vital project afloat.

To help face the tough challenges involved, the Airmen's Attic is governed by an executive counsel of active-duty Airmen and headed by current president Chief Master Sgt, Sharon

Johnson.

"We have three unpaid managers here, racking up around 25 hours per week, organizing merchandise, cleaning, directing volunteer groups and maintaining administrative records," said Chief Johnson. "Some of the big challenges we face is disposing of the hazardous materials people leave here, like portable A/C units, paint, gas cans and propane tanks. They also leave unusable



Photos by Tom Czerwinski

(From top) Teen Center member Jacinda Mills (front) works with April Taupo, **Hickam Teen Center assis**tant program coordinator, to sort items in the Airmen's Attic drop off boxes; Keystone Club members pose with some Airman's Attic workers; Keystone Club member Anne Ares (center) sorts though carts filled with donated clothing items.

use what we have to offer if you're eligible," he said. "We are supported not only by donations, but funding from the Combined Federal Campaign, too. So we encourage Team Hickam to make the Airmen's Attic their choice for CFC donations."

The Airmen's Attic is open for primary customers E-5 and below, Tuesdays and Thursdays, 10 a.m. to 1 p.m. On the second and fourth Tuesdays of the month, the Attic is open to all other enlisted ranks in order to move older merchandise.

Chief Johnson said that base organizations can help out by providing volunteers to help out on Mondays and Wednesdays from 5:30 to 7:30 p.m. For more information call 449-5677 on the Web at http://www.air-



items and trash left in our sheds."

The Airmen's Attic is a clearinghouse of donated items from local hotels, Hickam residents and just about anyone with base access. That can add up to a lot of stuff over a short period of

"It's hard to keep up with all the donations dropped off due to the limited time we have volunteers here, so this gang from the Teen Center is a real big help," added Chief Johnson, who added that the Airman's Attic is a non-profit agency set up to offset some living costs of Airmen primarily in grades E-5 and below.

To that end, the chief encouraged base residents to get involved.

"We want to encourage people to not only drop off their gently used items and clothing, but to come in and mansattic.org.

By Dr. Philip Breeze 15th Airlift Wing Public Affairs chief

In a high-speed organization like the 15th Airlift Wing, square pegs in round holes can be as awkward and unproductive as propellers on a C-17. Helping keep us all from spinning in the wind is the latest Warrior of the Week, Staff Sgt. Michelle Yourdon of the 15th Mission Support Squadron.

Rock-solid job knowledge and an ideal can-do attitude make mission success a foregone conclusion for this Career Development NCOIC according to her commanding officer, Maj. Steve Zubowicz.

"Staff Sgt. Yourdon brings these two essential qualities to her job, and that contributed to her excellent performance during a recent deployment to the Middle East," Major Zubowicz said.

Putting the best, most properly qualified individuals into open slots not only improves the efficiency of the organization, it also improves the morale of the individual and the units to which they are

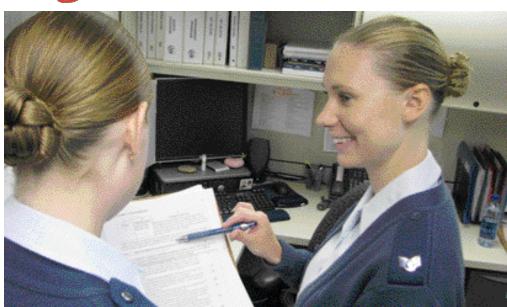


Photo by Dr. Philip Breeze

Rock-solid job knowledge and an ideal can-do attitude make mission success a foregone conclusion for Staff Sgt. Michelle Yourdon, 15th Mission Support Squadron Career Development NCOIC.

assigned.

"Proper fit' is as much an organizational concept as it is an engineering one," Major

Zubowicz said. "I like the feeling I get

knowing that I'm serving my country and giving back

to my nation, especially when I'm deployed," Sergeant. Yourdon said. "Also, when my parents are having a conversation to someone about me and what I do, hearing how proud they are makes it all worth it."

The sergeant is, herself, a good example of the right person in the right spot.

"I was getting ready to graduate from high school and I had no clue what I wanted to do with my life so I chose the Air Force," she said. "Lt. Col. Julie Boit, my old commander, was a great mentor to me and taught me that with a hard work and motivation, you can accomplish anything.

"I wouldn't be the person I am today if it wasn't for her pushing me to be a better person. I have learned responsibility and what it means to be part of a team, ultimately all working toward the same goal of protecting our nation."

Team Hickam and 15 MSS appreciate the valuable contribution Sergeant. Yourdon brings to

"We will continue to leverage her leadership and expertise as we hone our war-time readiness skills to support future contingencies and prepare for a successful Operation Readiness Inspection in Feb 2009," said Major Zubowicz.



Club membership drive deadline is Oct. 15

The Annual Air Force Club Membership Drive "Reward Yourself" is quickly coming to a close. With a number of outstanding benefits on the line, potential members need to sign up by Oct. 15 at either the Hickam Officers Club or Enlisted Club. Benefits include six months free dues, Instant Scratch Off Cash and a chance to win an additional \$1,000. New members are also eligible to participate in the new 10/4/U program, which offers 10-percent discounts at selected 15th Services activities.

Ja, it's Oktoberfest, tonight at the Enlisted Club

Join in the fun and festivities of Oktoberfest at the Hickam Enlisted Club on tonight from 4:30 to 7:30 p.m. The 'Fest features traditional German fare, beer sampling and dancing provided by a live German band, which will also play some traditional German dances. For more information, call the Club at 448-2271.

Call Outdoor Rec for a line on a cool fishing adventure

Hickam Outdoor Recreation invites you to go fishing and this time we're going to the bottom. The trip is slated for next Saturday starting at 8:30 a.m., and includes two guides, boat transportation, fishing poles and bait. Deadline to register is Wednesday and space is limited, so don't delay — call Outdoor Recreation at 449-5215 today.

Enlisted Club scheduled to be closed on Monday

The Hickam Enlisted Club will be closed on Monday for maintenance. The Club apologizes for any inconvenience and will reopen for business as usual on Tuesday.

Red, white and you ... wine tasting on tap next Saturday

The Hickam Information, Tickets & Travel office will play host to a wine-tasting party next Saturday. Participants will be transported to the winery for wine tasting on the Holo Holo Trolley at 5:30 p.m. In addition, participants will get a tour and have the opportunity to buy a 'make your own wine' kit. To book this interesting tour, call ITT at 448-2295.

Hickam's biggest family event is coming soon

The 50th Anniversary Hickam Carnival is right around the corner and it's time to sell carnival scrip. Scrip is pre-sold and is used at the carnival to purchase food, games, beverages, Kiddie Land and Carnival Midway rides. Pre-event scrip will be available for squadrons to sell two weeks prior to the Oct. 31 start date of the three-day carnival. Pre-event scrip sales pro-

vide a chance to win prizes including a trip for two to Las Vegas.

Fly with ITT for adventures in enigmatic Hong Kong

The Hickam Information,
Tickets & Travel office invites
you to fly to Hong Kong, Nov.
30 through Dec. 8 for an unforgettable international travel
experience. Hong Kong is a
bustling, dynamic city where
ancient traditions and Western
influence are alive. Cost is
\$1,878 per person based on double occupancy and includes
round-trip airfare, hotel accommodations and guided tours. It's
not too late to reserve your place
— call ITT today at 448-2295.

Arts & Crafts to hold open house event next Saturday

Family fun is the theme of the Hickam Arts & Crafts Center's open house event, scheduled for next Saturday from 10 a.m. to 3 p.m. The entire family is invited to tour the facility located in Bldg. 1889 on Kuntz Avenue and participate in free classes, make-n-takes and demonstrations taking place all day long. Free hot dogs and drinks will be available. For more information, call 449-9907.

Strut your stuff in the Family & Teen Talent Show

Registration is now open for the Makai Recreation Center's Family and Teen Talent Show



which will be held on Nov. 8. Moms, dads, brothers and sisters are invited to sing, dance and perform together in this family-oriented event. Choose from 15 competition categories, then register at the Recreation Center. For additional information, call 449-3354.

'Scotch & Cigar' event, Thursday at the O' Club

The Hickam Officers' Club invites members to enjoy 'Scotch & Cigar' Night at the O' Club on Thursday starting at 6:30 p.m. For complete details, call the club at 448-4608.

Get a charge from the Hickam Auto Hobby Shop

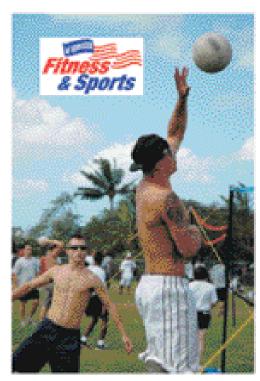
The Hickam Auto Hobby Shop provides a Free Charging System Check & Battery Testing from 8 to 8:30 a.m. Monday through Friday, throughout the month of October. Auto Hobby is down the road from the Bowling Center near the flightline. For more information, call 449-2554.

Football Frenzy is heating up at the Enlisted Club

Some interesting games are on tap at this weekend's Football Frenzy gathering at the Enlisted Club. The Bears travel to do battle against the Lions in Detroit; the surprising Redskins tangle with the Eagles; and, in a set of battles involving the coasts, San Diego flies to Miami for a tussle with the Dolphins and the Seahawks go coastal with a game against the undefeated Giants in New York. You can watch these and many other great games at J.R. Rockers, where club members get a free breakfast and a chance to win tickets to the Super Bowl. It all starts at 6:30 a.m.

SPORTS DAY

Friday, Oct. 24 Hickam Harbor



Bed Races • Horseshoes • Volleyball Kayak Race • Fitness Challenge Inner Tube Relay • Tug-o-War Chiefs vs. Eagles Volleyball

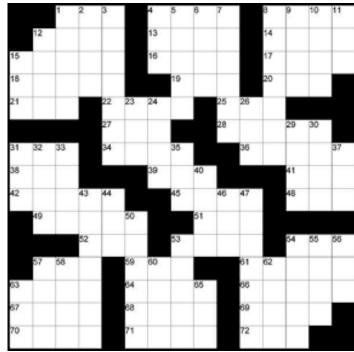
Registration accepted through Oct. 17 through your Unit F&S Advisory Committee Member only!



Call 448-2214 / 4640 for details.

Friday, October 3, 2008 **B3** Hickam Kukini

Crossword Puzzle: Old Dominion State Base



By Capt. Tony Wickman

71st Flying Training Wing

ACROSS

- 1. Craze
- 4. Declare
- 8. Huge
- 12. First female U.S. Attorney General
- 13. Tomb Raider Croft
- 14. Egyptian goddess of fertility, and wife of Osiris
- 15. Existence
- 16. Fall
- 17. African river
- 18. Start again
- 19. Animal doc
- 20. Feline
- 21. Model/actress Carol
- 22. Woodwind
- 25. Lyrical poem
- 27. Horse food
- 28. Rustic 31. MAJCOM Old Dominion

State base is assigned

- 34. Podium
- 36. Rot
- 38. USAF annual health exam
- 39. Made a lap
- 41. Hurricane center
- 42. F-15; plane assigned to the Old Dominion State base
- 45. Colorless
- 48. Mil. ID
- 49. Business accords
- 51. Epoch
- 52. Zero
- 53. Gawk at
- 54. Speck
- 57. 192 FW at Old Dominion Base is this component of USAF Total Force
- 59. Dined on
- 61. Red or pink cosmetic for coloring the cheeks or lips
- 63. Strip off a rind
- 64. Converts hides into leather
- 66. Moderator
- 67. Ripped
- 68. Among others, briefly
- 69. Latch on to

- 70. Raggedy Ann's pal
- 71. Depend on
- 72. Attempt

DOWN

- 1. Craze
- 1. Evasive action
- 2. Actress Heche 3. Old Dominion State tree
- 4. USAF PME for SrA
- 5. Bibcock
- 6 . Great Lake
- 7. F-22; plane assigned to the Old Dominion State base
- _ Aut Mori; Old Dominion State Base unit
- shield motto 9. Continent home to 374 AW
- 10. Fine sand
- 11. Mao ____tung; Communist China leader
- 12. Fishing equipment
- 15. Swimsuit part
- 23. Sheep's noise
- 24. ANG base in Mass.
- 26. Bomb failure
- 29. Pilots with 5+ aerial victories
- 30. Potato chip maker
- 31. Mock
- 32. African country
- 33. Actor Nicolas of National Treasure
- 35. Blue
- 37. Desire
- 40. Oak or elm
- 43. Namesake of the Old Dominion State base
- 44. NY Giant
- 46. ___ We There Yet?
- 47. Current 1 FW commander at the Old Dominion State
- 50. Current 1 FW Command Chief at the Old Dominion State base

SUDOKU

For solution, see SUDOKU, B4

	1			9		3		8
			3		4	7		
	3			7			5	
1						2		
6			7	4	3			5
		7						3
	9			6			3	
		8	4		1			
2		6		3			4	

See SOLUTIONS, B4

53. Of, pertaining to, or involving punishment, for crimes

55. Double curve molding

60. Capt. Steve ____ of 71 FS

at Old Dominion State base;

shot down Iraqi F-1 Mirage during Operation Desert

54. Wonderful

56. Golf prop

57. Long time

Storm

62. Actor Sharif

63. School org.

65. Cunning

58. Geek

Team Hickam History

The Air Force's most historic airfield

October 8, 1955 — The 6486th Air Base Group, along with the 6486th Maintenance and Support Group, is assigned to Hickam Air Force Base. The 6486 ABG preceded the 15 Air Base Wing as Hickam host unit.

October 6, 1962 — Following recovery from a splashdown some 165 miles northeast of Midway Island, the Project Mercury astronauts arrive at Hickam. Cmdr. Walter M. Schirra, Jr., accompanied by the other Project Mercury astronauts (except Alan B. Sheppard), arrived with debriefing teams. On hand to greet the astronauts were Hawaii Governor William F. Quinn, Honolulu Mayor Neal S. Blaisdell, University of Hawaii President Laurence H. Snyder and Jeffery Francis Lord Fisher of Lambeth, retired Archbishop of Canterbury.

October 8, 1965 — The 548th Recon Tech Squadron (548th Recon Tech Group) is assigned

October 8, 1966 — The Air Force Telephone Information Service and Dial Service

Assistance (provided by operators located in Bldg. 1110 at Hickam) is transferred to a new Consolidated Military Switchboard at Pearl Harbor; and a Joint Military Telephone Directory replaces those previously published separately by each service.

October 7, 1994 — Over three days, more than 1,400 Bangladesh soldiers transit Hickam on their way to Haiti as part of a United Nations peacekeeping force.

October 5, 2001 — In a repatriation ceremony, 17 remains of some Korean War servicemen (along with six sets of remains from the Vietnam era) are returned to Hickam, the largest number of remains from the Korean War recovered in a single operation since the work began in Korea in 1996.

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754.

CATHOLIC

Nelles Chapel Weekday Mass Mon.-Thu., 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Vigil Mass 5 p.m. Chapel Center

Sunday Mass 10:30 a.m.

PROTESTANT

Chapel Center Sunday Contemporary Service 8:30 a.m. Nelles Chapel Traditional/Liturgical Service 8:30 a.m. Gospel Service 10:30 a.m.

RELIGIOUS EDUCATION

(Catholic) Chapel Center Sunday (Sep-May) 9:00 a.m. (Protestant) Chapel Center Sunday (Sep-May) AWANA 3:00 p.m. Wednesday Sunday School Dinner 4:45 p.m.

Wednesday Sunday School

Classes 6:00 p.m

THE GATHERING **PLACE**

Airmen's Dorm Coffeehouse King Hall First Floor Dayroom - Bldg. 1856 - All Airmen welcome! Mon.-Thu. 6-10 p.m. Fri.-Sat. 6-11 p.m. Free gourmet espresso, cappuccinos, Italian sodas Video games, internet,

movies and more To Volunteer, call the Hickam Chapel Center at 449-1754

OTHER RELIGIOUS OPPORTUNITIES

Jewish Buddhist Orthodox Islamic

SOLUTIONS, From B3 BEING RENEW VET OBOE ODE RURAL DRAB PEER TORE ETAL ANDY

SUDOKU, From B3

7	1	4	6	9	5	3	2	8
8	6	5	3	2	4	7	1	9
9	3	2	1	7	8	6	5	4
1	4	3	5	8	9	2	7	6
6	2	9	7	4	3	1	8	5
5	8	7	2	1	6	4	9	3
4	9	1	8	6	2	5	3	7
3	7	8	4	5	1	9	6	2
2	5	6	9	3	7	8	4	1

AT THE MOVIES Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Wednesday, 7 p.m.

'The Longshots' Curtis

Plummer — a down-on-his-luck former high school football star — turns his niece, Jasmine, into the quarterback of the local



team, The Minden Browns, and gets his stride back when he becomes the team coach. With Curtis as their new leader and their pigtail-wearing star player, this team of misfits wins its way to the Pop Warner Super Bowl and the small city of Minden, IL, is brimming with the team spirit, town pride and glory it once knew. Starring Ice Cube and Keke Palmer.

Rated PG for thematic elements, mild language and rude humor. Length: 94 min.

Friday, 8:30 p.m.; Thursday, 7 p.m.

'Mirrors' — Nearly a year after his suspension from the NYPD for fatally shooting another undercover officer, Ben Carson takes a job as a night watchman at the burned-out ruins of the Mayflower department store that devoured numerous innocent lives. As he patrols the store, he begins to notice horrific images in the

ornate mirrors that adorn the Mayflower walls. Soon, he suffers physical effects of his own when he sees his own reflection being tortured. Meanwhile, his, wife, Amy, a no-nonsense NYPD medical examiner is frightened by her husband's increasingly erratic behavior, fearing that it might be putting their children in danger. Carson must somehow uncover the truth behind the mirrors — and convince Amy to help him battle the greatest evil he has ever faced. Starring Kiefer Sutherland and Paula Patton.

Rated R for strong violence, disturbing images, language and nudity. Length: 110 min.

Sunday, 2 p.m.

'The Rocker' —Robert "Fish" Fishman, the extremely dedicated and astoundingly passionate drummer for '80s hair band Vesuvius, is living the rock n' roll dream until he is unceremoniously kicked out of the band. Twenty years after his rock-star fantasies are



dashed — and just as he has finally given up all hope, Fish hears that his nephew's high-school rock band A.D.D. is looking for a new drummer. When they reluctantly make him the newest member of the band, he gets another chance to assume the rock-god mantle he's always thought de deserved. In the process, he takes his young band mates along for the ride of their lives. Starring Rainn Wilson and Christina Applegate.

Rated PG-13 for drug and sexual references, nudity and language. Length: 102 min.

HEALTH AND WELLNESS

Wing leaders recognize 'Hometown Heroes'



Col. Giovanni Tuck (front left), 15th Airlift Wing commander, pins a Children's Home Front Hero medal on the children of Master Sgt. Greg Espinosa from the 17th Operational Weather Squadron — Joshua Espinosa (front right), along with younger brother Kian Espinosa (middle), and older sister Nicola Espinosa (back right) while Chief Master Sgt. Thomas Westermeyer, 15 AW/CCC, assists. The **Dependent Home Front Heroes Medal presentation** was held at the Family **Support and Readiness** Center at Hickam Air Force Base last Friday. More than 40 children were nominated by their parents and awarded by the 15th Airlift Wing in recognition of the support given to their parents during the deployment of one or both parents.

Photo by Vanessa M. Perez

PUBLIC AFFAIRS ANNOUNCEMENT STANDARD COMPETITION ANNOUNCEMENT

Det 4, 22d Space Operations Squadron (22 SOPS), Maintenance Activity at Kaena Point, Hawaii.

Lt Col Steven G. Staats, 22d SOPS/CC, has announced a standard competition of Det 4, 22 SOPS Maintenance Activity. It impacts a total of 17 DOD civilians and one (1) Contract Manpower Equivalent (CME). The standard competition was announced on 19 September 2008, and is projected for completion by 18 March 2010. The Component Competitive Sourcing Official is Lt Gen Richard Y. Newton III, the Contracting Officer is Mr Michael Wittkopf, and the Agency Tender Official is Ms Lynda Mitchell.

This standard competition will be con-

ducted in compliance with the Air Force policies in AFI 38-203, Commercial Activities Program, that implements the Office of Management and Budget Circular (OMBC) A-76, Performance of Commercial Activities, and the Federal Acquisition Regulation (FAR), as supplemented. TO ensure that the American people receive maximum value for their tax dollars, commercial activities should be subject to the forces of competition.

When a competition between in-house and contract performance determines contracting is more cost effective, OMBC A-76 and Federal Acquisition Regulation require the contractor to offer adversely affected DOD civilian and NAF employees the Right of First Refusal for employ-

ment openings to positions (under the contract) for which they are qualified. Since DOD is sensitive to the personal impact this action may have on civilian employees, the DOD Program for Stability of Civilian Employment ensures every effort is made to help adversely affected civilian employees who desire placement assistance. These employees are registered in the Defense-wide computerized Priority Placement Program. Registrants under this program receive placement right to vacancies within DoD (other Federal agencies are also solicited). When adversely affected civilian employees must relocate to continue Federal employment, transportation and moving expenses are paid by the government.



Exercise: Ab crunch Muscle Group: Abdominals



This exercise focuses on the abdominal muscle without putting strain on the low back.

Execution: Lie with back on the floor and bring knees up to a 90-degree angle. Place hands on thighs with fingers pointing toward the knees.

Keeping arms straight, slowly raise upper body by pulling from the abdomen. Reach forward until fingers touch knees and slowly return to starting position.



Model: Senior Airman Marcus Shelton Staff: Airman 1st Class Katrina Plank

Photo by Benny Miguel, Hickam Fitness Center fitness director Instructions by Katrina Plank, asst. fitness coordinator